



Learning Lab Links

ST. JOHN NEUMANN CATHOLIC SCHOOL

Tip of the Week: Improving Fine Motor Skills

<https://u.org/2AbuxXw>

Fine motor skills are the ability to make movements using small muscles in the fingers, hands, and wrists. Writing, coloring, and cutting are examples of fine motor skills. Children develop fine motor skills at different rates. To strengthen these muscles, Amanda Morin suggests 6 fine motor activities for children:

1. Play dough and putty: encourage your child to squeeze, stretch, pinch, roll and even cut the play dough.
2. Painting: encourage finger painting as well as using a brush. Try a paint by number kit.
3. Playing with sponges: You will need 1 container with water and an empty container. Have your child squeeze the water from one to the other using the sponge.
4. Rice Races: This activity you can do with your child. You will need a bowl with uncooked rice (or Cheerios or pony beads), plastic tweezers, and an empty bowl. Using the tweezers, race to see who can fill the empty container or pick out a certain amount of objects first.

5. Water play: using a cup of water, an empty cup, and an eye dropper, have your child move the water from one cup to the other. Morin suggests adding color to the water and making it a color mixing activity as well!
6. Gardening and Planting: Digging in the dirt, using garden tools, transferring seedlings, and pinching seeds are all great ways to build fine motor skills.



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https://nothingintherulebook.com/2017/01/10/5-places-you-can-download-tens-of-thousands-books-plays-and-other-literary-texts-completely-legally-for-free/?fbclid=IwAR2dPa86JoE2qdLcdMkdTV5a8nFqjH4mQFzATam7BmeDhrAg-JTOARdC_iM

There is something for everyone on these sites. Get reading now!

Outdoor Math Games

<https://www.dreambox.com/blog/outdoor-math-games>

Now that the weather has warmed up, it is time for water balloons! Discover distances by measuring how far you can throw a water balloon in a game of catch. Other outdoor water and running around math games included..

Multisensory trick for B and D Letter Reversals



Many students struggle with letter reversals. This visual technique, with practice, can be a helpful tool in reducing reversals.

<https://brainspring.com/ortongillinghamweekly/multisensory-monday-b-d-letter-reversals/>